

Welcome

Welcome to TROG Community News: your quarterly newsletter featuring our latest cancer research. TROG is the peak body in radiation oncology research in Australia and NZ.

You can also receive the email version of this newsletter by visiting www.trog.com.au/CommunityNews. By receiving this, you're helping us raise awareness of our work - **thank you!**

Our mission: We conduct world-class research involving radiotherapy to improve outcomes and quality of life for people affected by cancer.



Research Update

New approach halves prostate cancer treatment time

A TROG Cancer Research clinical trial (known as the PROFIT trial), has shown that radiation therapy for prostate cancer can safely be compressed from a standard eight weeks of daily treatment down to four weeks with the same cure rate and no difference in side effects.

The trial, involving Canadian and French researchers, included over 1200 men with prostate cancer.



After several years of monitoring these men, A/Prof. Martin and his collaborators have announced that there was no difference between cure rates or side effects between the two groups.

According to A/Prof Martin there are many upsides to condensing the treatment.

'The duration of treatment is a major issue for many of our patients. The message from them is that the shorter the treatment period the better.'

'There are also economic benefits to shorter treatment times which reduce hospital workload and costs as well as the time off work

and transport for men and their families,' said A/Prof Martin.

This was certainly the case for Mr Gordon Scriven (pictured left with A/Prof. Martin & Gordon's wife Debra)

'I didn't have any side effects from the treatment and best of all, I was still able to play golf twice a week,' said Mr Scriven with a laugh.

Trek Tassie with TROG

Join us for a trip of a lifetime and raise vital funds for cancer research

You are invited to join us for our inaugural TROG Trek Challenge, set to be held in March next year.

We have just 15 spots available to be part of this adventure.

You can be part of the TROG team to trek 50 kilometres over five days through some of the most

spectacular wilderness areas of Tasmania and also raise vital funds for life-saving cancer clinical trials research.

The trek will take place from 24 to 28 March 2018.

The trek is fully guided and all travel, meals and accommodation are included in the cost.

100% of all funds raised by the team will go towards life-saving cancer clinical trials.

Find out more at:
www.trog.com.au/TROG-Tassie-Trek

Got Questions?
Contact Tanya by email at trog@trog.com.au or call (02) 4014 3922.

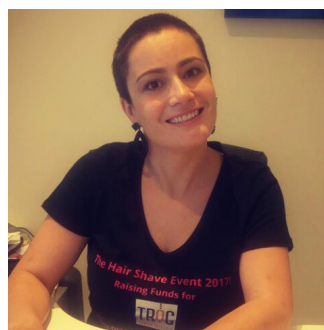


TROG news

Support from the community

Sarah's head shave for cancer research

TROG would like to thank Sarah Neylon, who shaved her head, raising in excess of \$17,000 for TROG Cancer Research. Sarah works for NL-Tec, an organisation that works with TROG on cancer clinical trials.



Sarah also wanted to honour a family friend who sadly lost her eight year battle with breast and brain cancer earlier this year. Thanks also to everyone that has donated to support Sarah. We truly appreciate your efforts.

Quilters donation

TROG also wishes to thank the Novocastrian Quilters group for its recent \$500 donation to help fund life-saving clinical trials research. We are truly grateful for your generous support.

Thank you to everyone who has donated to TROG Cancer Research so far in 2017. We are truly grateful.



Download our trials app

Want to find out if you are eligible to take part in a TROG trial? Download our free mobile app 'TROG ClinTrial Refer'. It has all the information about all our cancer research trials.

Find out more about the app at www.trog.com.au

Want more?

Sign up to our eNews

Each quarter the TROG Community eNews features real stories, research updates, news and helpful links. It's an extended, electronic version of what you're reading now.

Sign up today for your regular TROG eNews: www.trog.com.au/CommunityNews



Make a difference!

Donate to vital cancer research today

I would like to make a donation to support TROG Cancer Research.

Please return to TROG Cancer Research, PO Box 88, Waratah NSW 2298
Donations over \$2 are tax deductible.



My details (for receipting purposes):

Title: _____ First name: _____

Surname: _____

Postal address: _____

Email: _____

Phone: _____

I would like to have the following commemorative message published on the TROG website: _____

I would like to make a donation:

☐ Once ☐ Monthly ☐ Annually ☐ Other

If other, please specify preferred timeline: _____

I would like to donate:

☐ \$50 ☐ \$150 ☐ \$250 ☐ \$500 ☐ Other

If other, please specify preferred amount: _____

Payment:

☐ Please find enclosed by cheque/money order.

Please debit my: ☐ Mastercard ☐ Visa ☐ AMEX

Card no:

Expiry date: ____/____/____ Card verification number: ____

Name on card: _____

Signature: _____

Are you a wine lover?



Here's a great gift idea for lovers of fine wine: Tam-burlaine Organic Wines are offering their Organic Wine Lovers' range of wines for purchase at a special discount rate, with \$50 from every dozen going directly to TROG Cancer Research.

A great gift idea for a great cause. Prices start at just \$16 a bottle.

Contact Carol at cfrazcek@mywinery.com or call 1800 659 956 to place your order.

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